

Bromelain (180mg) + Trypsin (96mg) + Rutoside (200mg)

Trymatch BR Forte Tablet

**Bromelain (180 mg) + Trypsin (96 mg) +
Rutoside (200 mg) Tablet**

Description:

Bromelain (180 mg) + Trypsin (96 mg) + Rutoside (200 mg) is a powerful combination of proteolytic enzymes (Bromelain and Trypsin) and a bioflavonoid (Rutoside) designed to reduce inflammation, edema, and promote healing. Bromelain and Trypsin work synergistically to break down proteins, improving tissue repair and reducing swelling.

- **Rutoside provides antioxidant and anti-inflammatory effects, improving capillary health and reducing oxidative stress.**
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Composition:

Each tablet contains:

- **Bromelain: 180 mg**
 - **Trypsin: 96 mg**
 - **Rutoside: 200 mg**
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Indications:

This combination tablet is indicated for:

1. **Post-surgical recovery:**
 - **Reducing pain, swelling, and edema after surgery or trauma.**
2. **Musculoskeletal conditions:**
 - **Tendonitis, ligament injuries, and soft tissue injuries.**

- **Osteoarthritis and other joint inflammations.**

3. **Respiratory conditions:**

- **Supporting therapy for sinusitis, bronchitis, or chronic respiratory inflammation.**

4. **Vascular health:**

- **Improves capillary function and reduces vascular inflammation.**

5. **Sports injuries:**

- **Treating bruises, strains, sprains, and contusions.**

6. **Chronic inflammatory conditions:**

- **Rheumatoid arthritis and other inflammatory disorders.**
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Mechanism of Action:

1. **Bromelain:**

A proteolytic enzyme derived from pineapple, Bromelain helps break down proteins involved in inflammation and edema. It improves healing by reducing swelling and pain in tissues.

2. **Trypsin:**

Trypsin is a proteolytic enzyme that aids in tissue repair by breaking down damaged proteins and facilitating the regeneration of healthy tissue.

3. **Rutoside (Rutin):**

A bioflavonoid with strong antioxidant and anti-inflammatory properties, Rutoside strengthens blood vessels, reduces oxidative stress, and minimizes capillary permeability.

Dosage and Administration:

- **Adults:**

- One tablet two to three times daily, preferably after meals, or as directed by a physician.
 - Dosage may vary depending on the condition being treated.
 - **Pediatric use:**
 - Safety and dosage in children should be determined by a healthcare provider.
 - **Administration:**
 - Swallow the tablet whole with a glass of water.
 - Do not crush or chew the tablet.
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Side Effects:

Common side effects:

- Nausea, vomiting, or diarrhea
- Stomach upset or indigestion
- Mild skin rash or allergic reactions

Rare but serious side effects:

- Severe allergic reactions (swelling, difficulty breathing)
 - Bleeding disorders (if combined with anticoagulants)
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Precautions:

1. **Allergic reactions:**
 - Patients allergic to pineapple (Bromelain source) or other proteolytic enzymes should avoid this medication.
2. **Bleeding disorders:**
 - Bromelain and Trypsin have mild anticoagulant properties; caution in patients with bleeding disorders or those on blood thinners like warfarin or aspirin.
3. **Pregnancy and breastfeeding:**
 - Use with caution during pregnancy or lactation. Consult a healthcare provider.

4. Gastrointestinal conditions:

- Use cautiously in patients with a history of peptic ulcers or gastric irritation.

5. Surgery:

- Discontinue use at least 2 weeks before surgery due to potential anticoagulant effects.
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Drug Interactions:

- **Anticoagulants:** Increased risk of bleeding (e.g., warfarin, aspirin).
 - **Antibiotics:** Enhanced effects of certain antibiotics like amoxicillin due to Bromelain.
 - **Nonsteroidal Anti-Inflammatory Drugs (NSAIDs):** Additive effects, increasing the risk of gastric irritation or bleeding.
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Storage Instructions:

- Store in a cool, dry place at a temperature of 15°C to 30°C.
 - Keep the tablets in their original packaging to protect from moisture and light.
 - Keep out of reach of children.
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Note: This medication should be used under medical supervision. It is essential to adhere to the prescribed dosage and follow up with your healthcare provider for any side effects or concerns during treatment.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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